

## Practitioners Panel

As practitioners bringing spirituality into the world of enterprise, whether it be business, education, public or social sector, we face persistent challenges:

*How can we integrate our higher consciousness into our services and bring our wisdom into conscious practice through the course of our work with leaders and managers in organisations?*

This is one of the key questions that our panel of leading practitioners will address. The Panel members will share their unique insights from their evolving journeys as practitioners and describe how they are effectively putting their wisdom to work, which will then lead into an open and engaging question-and-answer session.



**Susanne Rix** has been introducing Spirituality in the workplace since 1982.

Her target audience has been senior management in Government and Corporations – particularly those sceptical to such concepts. This has required walking a tight rope of language. Always choosing phrases and words that take people on a gentle journey of deeper and deeper inner development. Some of the outcomes in organisations have been the creation of meditation rooms – open to all and often including a selection of various spiritual texts. (including one in Parliament House, Canberra)

Susanne is the author of **Superworking: How to Achieve Peak Performance without stress**, which has been published in several countries. The personal development program on which it is based, is presented around the world. It takes people on an inner journey, opening the door to their spiritual development, barely mentioning the word ‘spiritual’ at all.

Susanne spends her time between Australia and Nepal. In Nepal, she works with **Sacred Journeys Nepal** to take group of people on guided creative and spiritual journeys into the Himalayas.



**Sarah Cornally** is founder and managing director of Cornally Enterprises, a consultancy that specialises in improving the performance culture of organisations. With more than 20 years as a leadership and management consultant, Sarah is a leading expert in organisational dynamics, working regularly with culture and strategy at the senior executives levels.



**Peter Yiangou** studied architecture at Natal University in South Africa and the Architectural Association in London. He and Alison established Yiangou Architects, an award winning practice in the UK. Alison studied Physics at Bristol, entered the business world practising Industrial Relations and is currently responsible for HR and financial management in the architectural practice.

Peter and Alison have studied at Beshara School, whose programs are focused on the principles of unity and inter-connectedness, and study of the great wisdom texts such as Rumi and Ibn'Arabi. The Self Knowledge Global Responsibility Project began in 2009. It aims to combine the personal and the global, contemplation and

action.



### **Allan Rudner**

*BSc, MA Cultural Psychology*

With over 20 years of international business experience and an equal number of years working with males of all ages, Allan has designed, developed and delivered experiential personal leadership and rites-of-passage programs in the wilderness particularly for teenage males, men, and men over 50 years.

Allan works nationally and internationally includes one-on-one coaching and counselling, facilitating retreats, short courses, and presentations to communities and corporate clients.

In recent years Allan work with men in the second half of life has increased. Successes include my Retreat *"Using Our Wisdom"* and the new corporate 2-day program *"How to find meaning in the second half of life"*.

Notable recent coverage includes interviews in CAPA Quarterly, an Australian National Counselling publication in 2010, and the men's health section of the Australian Financial Review in 2010.

[www.LifeCrafting.org](http://www.LifeCrafting.org) [www.panicattackshelpcenter.com](http://www.panicattackshelpcenter.com)



**Kate Walker, is the founder and owner of human, a creative agency which works with brands and businesses to uncover and bring to life their higher purpose.**

During an advertising career spanning more than 20 years, Kate has worked for many of the world's largest agencies and brands, including Unilever, Mars, Microsoft, IBM, Samsung, and Vodafone. Often leading large multi-disciplined integrated teams, across multiple markets, Kate has developed a strong understanding of how to build powerful, collaborative team cultures. Establishing human was the culmination of that experience – an agency based on conscious

business principles working with business who are looking to evolve the way they connect with the world around them.

Kate is the one of the founding members of the US-based Conscious Capitalism Alliance and has attended their 2009 and 2010 C3 CEO Summits. Inspired by the work of CCA, Kate has co-founded Conscious Capitalism Australia, a 'profit for purpose' organisation created to help accelerate the Conscious Capitalism movement in Australia.